

Diploma in Neuro Linguistic Programming

INLPTA Certified



- How can I get the best out of my relationships?**
- I want my communication to have the right impact..**
- How can I help others to keep a level head in tricky times?**
- How can I begin to transform my business and personal life?**

The Diploma in Neuro Linguistic Programming is the perfect way to begin to explore these questions. NLP is described as the art and science of personal excellence and this course is the first step. You will learn the key concepts and psychology behind NLP and have an opportunity to practice some of the exciting and powerful techniques which are used to change peoples' lives and their work.

This course is for everyone who wants to understand themselves and others better, improve communication either in their personal life or in business and begin to unlock their brilliance at the same time. People leave this course aware of their unique skills and qualities and start to unwrap their hidden talents and the possibilities for the future.

At the end of this course you will be able to:

- Be clear about what you want and begin to overcome some of the obstacles in your way
- Understand the impact of language and use it for positive impact for yourself and others
- Understand your communication preferences and develop flexibility in communicating with others
- Manage stress and have choice over your emotions
- Build successful personal and business relationships
- Access useful inner resources like confidence and energy whenever you need them

Who is this course for?

- Everyone who wants to understand themselves and other better, improve communication and begin to unlock their potential at the same time. People leave this course aware of their unique skills and qualities and start to unwrap their hidden talents and the possibilities for the future.
- Everyone for whom communication is an essential part of their work.
- Managers who want to be able to understand their team better
- Those interested in Coaching and Mentoring who want a taster before committing to a longer course

You do not need any previous NLP experience to join this course. This course teaches you skills, tools and techniques for you to use yourself or in your work. It does not certify you practice techniques with other people, where the NLP Practitioner Certification is the most appropriate course.