

The People Development  
**Experts**

## **NLP Trainers Training**

**Certified by the International NLP Trainers Association (INLPTA) and Endorsed by the Institute of Leadership and Management (ILM)**

**With Karen Meager, John McLachlan and Wyatt Woodsmall**

'If you are looking for a thorough grounding in NLP knowledge and skills I would recommend Monkey Puzzle. Their training is excellent quality with a great balance of theory and practical application and a safe learning environment for students to explore and practice and achieve their outcomes. Karen's psychotherapy qualifications combined with John's business experience add another dimension to their courses enabling students to apply their learning to the fields of personal development, coaching, therapy or business. I give them my highest recommendation.'

Wyatt L. Woodsmall, Ph.D.  
International Coordinator for INLPTA

**Join us on this course and you will:**

- **Transform your training skills beyond what you think is possible.**
- **Design workshops and courses that are effortless, impactful and inspiring.**
- **Deliver training that is a reflection of you.**

## **Course Details**

During this 19 day course, you will learn and develop yourself and your skills in the following areas:

### ***Training and Workshop Design***

- Delegate pre-selection and contracting
- Gaining Insight into Logical Content Delivery
- Content Sequencing
- Making Demonstrations Work
- Exercise Design
- Energetic Connection with Groups
- Facilitating Group Relaxation and Trance sessions

### ***Your development as a trainer***

- Group management and facilitation
- Developing your coaching skills
- Pre-Teaching & Backtracking techniques
- Stage anchoring techniques
- Developing natural and effective Platform skills
- Handling open frames effectively
- Delivering the highest quality feedback to support individual growth
- Handling audience questions for individual and group learning
- Delivering training to connect with your delegates Myers Briggs Types and Gravesian World Views
- Creating learning states for your delegates
- Unconsciously accessing delegates resources

### ***Personal Development***

- Developing your own unique training style
- Managing your own state
- Being yourself in front of an audience
- Managing your energy

## **Evaluation**

Evaluation and feedback is ongoing throughout the course, and you will be offered the highest quality of coaching on every presentation to ensure your success. Certification requirements include successfully completing:

- Your Final Presentation
- A Written Questionnaire demonstrating content knowledge
- A closed book test on a selection of content knowledge
- Demonstration of an NLP technique
- Handling Questions
- Conducting an Exercise

This course is certified by the International NLP Trainers Association (INLPTA), successful delegates will be able to run certified INLPTA courses for NLP Diploma, NLP Practitioner and NLP Master Practitioner.

### **Who is this course for?**

This course is taught in the context of teaching NLP and is therefore only open to Master Practitioners of NLP. The course is also endorsed by the Institute of Leadership and Management (ILM) which is a part of City and Guilds and is therefore also excellent for Master Practitioners who work with or want to work with groups in general to provide the most impactful learning experience for their delegates, and for themselves.

The skills learned will apply in any training or workshop context, enhancing the quality of your training, creating a connection with your audience that will inspire them and ensure your training stands out from others.

### **How can I prepare for the course?**

- When you book we will send you a pack including a recommended reading list , a list of presentation topics, a list of demonstration topics and a copy of the Written Questionnaire. These will guide you in terms of preparation of content knowledge for the course.
- Anyone who is not an **INLPTA** certified Master Practitioner of NLP will receive telephone coaching beforehand to cover any differences in syllabus.
- It is recommended and will help your learning experience if you have reviewed or assist on a NLP Training before the course begins.

### **Dates and Investment Details**

Engineers House, Clifton, Bristol

Module 1	March 1 <sup>st</sup> – March 10 <sup>th</sup> 2013
Module 2	April 27 <sup>th</sup> – May 5 <sup>th</sup> 2013

**£3,950 plus VAT. Interest free payment plans and credit card payments available book at [www.monkeypuzzletraining.co.uk](http://www.monkeypuzzletraining.co.uk)**



**Comments from delegates about our INLPTA NLP Trainers Training Programme**

**100% of delegates have rated our INLPTA Trainers Training Course as 'Excellent'**

*"A real journey of self-discovery that has built my confidence and self esteem enormously, at the same time as assisting me in becoming a competent and compelling trainer"*

F Foreman, Organisational Development Manager, Yorkshire

*"Fantastic learning experience that has given me the skills and understanding to be an NLP Trainer and the confidence to use those resources out in the world"*

L Watkins –Young, Director, Malvern

*"An excellent, comprehensive and supportive training course that provides the skills and confidence to become a greater trainer"*

P Baker, Relationship Manager, London

*"I achieved ALL of my outcomes and so much more, it was absolutely excellent, my skills and knowledge has increased X 10"*

J McConnachie, Training Manager, Wales

*"Brilliant, learnt about myself, others, learning and training"*

E Hemingway, Trainer and Psychotherapist, Wiltshire

*"A challenging and inspirational journey through the art and science of teaching NLP"*

J Hemingway, Director, Wiltshire

*"Challenging, engaging, entertaining and though provoking. All that I had expected and more from two top Trainers who have evolved a seamless working relationship. We benefitted as a group and individuals"*

J Cutts, Consultant, Plymouth

